

# INSTRUCTION GUIDE FOR LITTLE JOE™ ADULT CPR MANIKIN

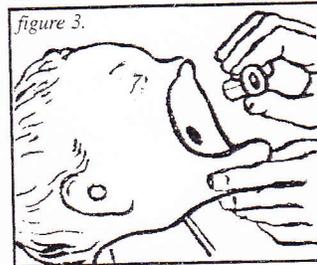
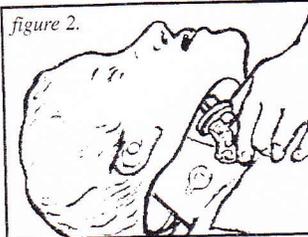
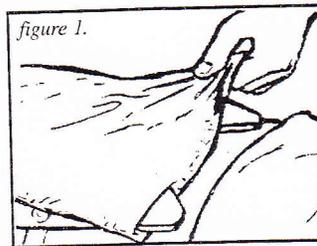
This instruction guide will familiarize you with the LITTLE JOE™ Adult CPR Manikin from Armstrong. Designed with your training needs in mind, LITTLE JOE's realistic looks, accurate anatomical landmarks and individual-use mouth/nose pieces with disposable airway/lung systems and non-rebreathing valve will continue to reinforce the manikin's value. Lung deflation rate may be controlled by placing the lung either over or under LITTLE JOE's chest plate. His sturdy vinyl-covered torso means quick, wipe-clean maintenance.

LITTLE JOE Adult CPR Manikin can be used for 2-person team CPR training.

## INSTALLATION AND REMOVAL OF AIRWAY:

### To Remove Airway:

1. Remove face insert and remove clear connector from inside face cavity.
2. With manikin face up, grab the skin overlay from behind shoulders, pulling it over the shoulders, and folding it down to expose the lung and chest plate.
3. Tilt head back and pull the one-way valve out of the head.
4. Slip lung anchors from bottom of chest plate wings. Remove and discard lung. (figure 1)



### To Install Airway:

1. Press red exhaust manifold cap onto the opened port of the one-way valve next to the port of the lung attachment.
2. Tilt head back, insert valve stem (figure 2) through hole in face. The lung inflation tube MUST be toward the bottom of the manikin to perform correctly. Press connector onto valve stem (figure 3) DO NOT PRESS straight on. Angle and apply with twisting motion while pressing forward.
3. Lay lung on chest plate and slip lung anchors over bottom of chest plate wings to secure (at user's discretion, lung may also be placed under chest plate to speed up deflation).
4. Pull chest skin up and over shoulders.

## TO CLEAN AND DISINFECT:

**Vinyl Body & Skin Overlay:** Wash with warm, soapy water.

**Non-Rebreathing Valve:** Non-Rebreathing valve and lung assembly are to be disposed of at the end of your training session.

**Mouth/Nose Pieces:** Although the Mouth/Nose Pieces are designed to be disposed of at the end of your training class, they may be reused if desired by following Disinfection Instructions.

## DISINFECTION INSTRUCTIONS:

1. Clean in mild, soapy water.
2. Rinse thoroughly.
3. Soak for 10 minutes in fresh hypochlorite solution of 1 part household bleach to 10 parts water, or according to current AHA or CDC recommendation.  
DO NOT USE BLEACH FULL STRENGTH.



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